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#### To:

Dr. Bill Power, Chair, Department of Chemistry

Dr. Bob Lemieux, Dean, Faculty of Science

### CC:

Dr. Vivek Goel, President, University of Waterloo

Dr. James Rush, Chancellor, University of Waterloo

**Re:** The University's illegal COVID vaccine mandates

#### Comrades:

This letter is to inform you that I categorically refuse to comply with any of the COVID vaccine-related mandates imposed on its employees by the University of Waterloo:

- 1. I will not declare my COVID vaccination status, although you may be able to guess (see also point 3 below).
- 2. I will not attend any of the virtual COVID re-education camps organized by UW's or the province's quack doctors and public health shamans in-chief. As an MD with board certification in medical microbiology, I consider myself sufficiently informed on the subject.
- 3. I will not let myself be injected with any of the ineffective and poisonous concoctions that are misrepresented to the public as COVID vaccines.
- 4. I will not ask for any "accommodation" or "exemption," because doing so would only legitimize the lawless measures imposed by UW officials.
- 5. I will not play for time by asking for medical leave due to distress or anxiety. I thankfully am in good health and retain my usual capacity for work.

I fully expect that my decision will result in sanctions against me, as spelled out in the weekly reminder so thoughtfully sent out by "UW Communications:"

Employees will be subject to progressive remedial action ranging from actions such as changes to required duties, placement on leave and/or other sanctions up to and including termination of employment.

These threats will not induce me to change my mind; nor do I expect this letter to change yours. My reason for writing is simply to give you some time to decide how you will deal with the two classes (Chem 430/Pharmacology and Chem 432/Advanced metabolism) which I am currently teaching.

Should the UW Revolutionary Council have resolved that all refuseniks must be relieved of their duties immediately after the vaccination deadline, that is, halfway through the term, then it will be best if you immediately start looking for someone to take over my classes. I am prepared to fully cooperate with that person or those persons, so as to minimize the disruption for the students in my classes. On the other hand, should I be permitted to serve out the term, I would appreciate a note from you to that effect.

This concludes the actionable part of my letter. In the remainder, I would like to add some general perspective to the issue of the vaccine mandates. Since on previous occasions you have proven yourselves steadfast and unassailable by any and all reasoned arguments, I will mostly skip that part today. I will only note briefly that evidence showing the vaccines' complete lack of efficacy and of safety continues to accumulate [1–4], and that closer to home the media recently reported the sudden deaths of four young students from Guelph, Queens, and Ottawa Universities; from the limited information provided, these deaths look very much like adverse vaccine effects. Instead of elaborating further, let me quote, anonymously, from some of the letters which I have received from UW colleagues, students, and students' parents.

## A message from the mother of a student

It's with a broken heart that I must tell you my son will be going for the poison injection sometime this week. He is doing it under coercion and under duress and under threat of being kicked out of his program. Ultimately it is his decision and he knows I am 100% against it. It truly breaks my heart—I have protected him this long but the Ford government and University of Waterloo have taken away that right and freedom. For that I will never come back from. It will also likely tear my family apart as it now remains hanging by a thread.

## A message from a faculty colleague

After a long and painful thought process, and seeing how this whole situation was seriously affecting my mental health, I made the difficult decision to get the second dose of vaccine. I am fully aware of the risks and assume them. I did not do this because I suddenly agreed with the mandates, turned against anti-vaccine people or believed vaccines were the ultimate solution. No, I made the decision because I knew that, in my case (and I speak for myself only) it was the only possible route to go back to a state of calm and peace, despite the possible long-term consequences. The truth is that the anxiety was already taking a huge toll on my health and I knew I couldn't stay there for long, it was taking all my energy away from what counts the most to me, my kids and personal projects outside the university, personal projects related to creation and help to others. I made a sacrifice, I am aware of this, but to me, after careful thought, it was the only possible route. I own a house on my own and have

kids to take care of. I very humbly think I have a personal mission to create and help people in a personal way ... I was in such a bad place that I was unable to continue my mission. My decision might cost me a lot in the future, but it was made out of good intentions and to be able to remain in a state of peace and love.

### A message from a staff member

I am now on medical leave because even though I have autoimmune disorders, they are not acceptable [reasons for medical exemption], therefore, I am "losing it" ... stressed more than ever in my life.

Many employees do not know what we are going through and the extent of the coercion that is going on.

When I told my boss that someone was walked off campus by UW Police he didn't really believe me and said ... who told you that? I said, the guy that got walked off ... he video taped it. My boss was shocked! He also did not know what the exemption form was asking so I read it to him ... he was shocked about that too!

... I even spoke with someone at HR, and she was not aware of what the exemption form was asking and she was also not aware that doctors are being threatened by the CPSO.

People that have been vaxxed do not know this. They do not know what we are going through!

This mental, emotional and physical trauma is the worst I have ever experienced in my life. Even worse than when my mother passed away. I say physical trauma too because I hold all my stress in my upper body (neck, shoulder, upper back area). It was getting better while I was working at home. In the past I exhausted all of my benefits, but in the last year I did not because I didn't need to go as often. Well it has all come back now! I'm afraid to go to an appointment because I can't control my emotions right now and don't want to have a meltdown in front of anyone.

Even going out in public right now is hard sometimes. I could be fine and then all of a sudden I am crying!! So frustrating and exhausting!

# A message from a student

You may remember us talking many months over email, where I was expressing my concern toward the mandatory vaccination. Your advice for me was to seek out a new jurisdiction—one that does not mandate vaccination. At first, this caught me off guard. I still wanted to attend UW and stay in Ontario. But my family and I just landed in Texas over the weekend. We are here to stay, and I want to thank you for giving me an open mind.

A couple days ago, I received an email from Laurier (I am a double degree student) stating I would be removed from online classes and suspended from future terms if I decided to remain unvaccinated. This was really the final nail in the coffin. Unsure before, I am now beginning to work on my application to the University of Texas.

#### Conclusion

These quotes should sufficiently illustrate to you what you and your comrades are doing to the people you pretend to be protecting.

Our colleague from UW Applied Mathematics, Edward Vrscay, hit the nail on the head in recent correspondence with his own superiors:

Deep down, I don't think that some of the things that you have written to me are really coming from you. But you have a job to do and "they" are expecting you to do it. I can only conclude with the words of Our Lord in Mark 8:36-37: "For what shall it profit a man, if he shall gain the whole world, and lose his soul? Or what shall a man give in exchange for his soul?"

I hope that you can admit the truth of these words at least to yourselves. Of course, if you could do so publicly, it would be much more cathartic and effective.

Best regards,

Michael Palmer (MD)

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### References

- 1. Brown, C.M. et al. (2021) Outbreak of SARS-CoV-2 Infections, Including COVID-19 Vaccine Breakthrough Infections, Associated with Large Public Gatherings—Barnstable County, Massachusetts, July 2021. *MMWR. Morbidity and mortality weekly report* 70:1059-1062
- 2. Kostoff, R.N. et al. (2021) Why are we vaccinating children against COVID-19?. *Toxicol. Rep.* 8:1665-1684
- 3. Riemersma, K.K. et al. (2021) Shedding of Infectious SARS-CoV-2 Despite Vaccination. *medRxiv* (preprint)
- 4. Subramanian, S.V. and Kumar, A. (2021) Increases in COVID-19 are unrelated to levels of vaccination across 68 countries and 2947 counties in the United States. *Eur. J. Epidemiol.* (preprint)