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# The Solari Report

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## **A5G Space Appeal with Michael Blanshan**



Catherine Austin Fitts



Michael Blanshan



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**C. Austin Fitts:** Ladies and gentlemen, it is my pleasure to welcome to The Solari Report Michael Blanshan, who is a traditional naturopath. He is from Santa Fe, New Mexico. He co-founded in 2011, Doctors WARN which stands for Wireless and Radiation Network. It's an association of New Mexico-based health practitioners who are knowledgeable about the dangers of EMR, which is Electromagnetic Radiation and exposure.

They have taken a number of public positions, and have a new international appeal that I want Michael to tell you about. They have also had great success locally and in New Mexico. I learned of Michael and his work because our New Mexico subscribers continually brag about you, Michael.

It is a real pleasure to have you on The Solari Report. Welcome.

**Michael Blanshan:** Thank you for having me. It is nice to be here.



**Fitts:** Why don't you tell us how you first became involved in this issue, why you became so concerned about smart meters and 5G, and then take us through the international appeal and what you are doing right now?

**Blanshan:** I certainly don't deserve that much credit for what happened in New Mexico. I am actually an organizer. I pulled together a number of health practitioners who understand the issue, and are part of a larger alliance. That alliance is called the Santa Fe Alliance for Public Health and Safety.

We have taken stands with our local city council. Then when our local electric company applied to install smart meters, there was an application process through our public regulatory commission, and our larger alliance was involved in a legal proceeding. A local person, Arthur Firstenberg, deserves most of the credit because he spent many thousands of hours looking up case files, and legal precedents, and filings against this electric company's attorneys repeatedly. He was a 'pit bull' who was after them on every single point, and he was brilliant.

In the end, our local public regulatory commission saw that the electric company's application was very weak, there were a lot of holes, there were no proven savings to the public, and they really hadn't considered public health or safety, and they were denied. So, we did win on the smart meter application processing in New Mexico.



So, the current 5G Space Appeal is basically the culmination of the efforts of many people – both nationally and internationally – over the last ten years. I’ve been involved in this issue – at least as an activist – since 2010. I’ve known about the physiological harm and disruption caused by electromagnetic radiation exposure since 2001. It was well-known in Europe at that time. Different doctors from the Paracelsus Clinic out of Switzerland were giving talks. They called it ‘electro-smog’, and they gave us early warnings. So, I was aware of the issue for a long time.

Over the past ten years, there have probably been 40 appeals either to governments, to international bodies like the UN and the WHO, and nearly all of them have not received any legal response.

For example, there was a 5G appeal one year ago signed by 180 scientists, and they didn’t receive any response at all, and they sent that to the United Nations.

Our appeal, the 5G Space Appeal, is not only for the scientists and the professionals, but it is for the general public, too. We would really like the general public to understand what a big issue this is. Even if we submit it to international bodies, and they don’t respond, we are hoping that it will go viral so that, at least, we bring this attention to the forefront for people. There is a media blackout on this issue, and most people are not coming to any conclusion that maybe they shouldn’t be holding their cell phone right next to their head.

When I talk to people about this, they just give me a blank stare like, ‘What are you talking about? I’ve never heard this before.’”



**Fitts:** Let's step back. In 1996 when the Telecommunications Act was passed, in it was a provision that, essentially, kept local officials from addressing health issue concerns when approving or not approving a cell tower. So 'blackout' started a long time ago. As you said, many people really don't realize the effects of EMF radiation and the dangers because there has been this major push by industry and government to block it out.

Then something new is happening. We've talked much about it on The Solari Report with Jason Bawden-Smith and his website, EMF Warriors. But 5G is new and it just started to be rolled out internationally. Has it been rolled out yet in the United States? I know that Verizon is planning to go in four cities soon if they are not there yet.

**Blanshan:** I think that they may have already started their pilot project. Most of the providers have chosen four to five cities. My understanding is that Verizon is either currently installing it, or is in its initial stages or trial stage.

**Fitts:** This is very, very new. You are, basically, sending out an appeal on something that, in one sense, hasn't happened yet.

Maybe you could tell us a little about why 5G is such a major 'onslaught', and this is not just an incremental change; this is a big step up. Maybe you could elaborate on why it is so important.



**Blanshan:** It's a sea change. An 'onslaught' is not an improper word; it's a bombardment.

5G is a millimeter wave extremely high frequency signal. It does not travel very far. By the best estimates, it travels 300 meters, and many people are saying that 100 meters is more accurate. That means that small cell antennas mounted to utility poles are spaced approximately one per block. So instead of a cell tower one or two miles from you and you still have cell phone service, we are going to have antennas every block, and one 'poor soul' is going to have one mounted to his utility pole, which is maybe less than 20 meters from their home.

This kind of invasive bombardment with these many antennas is a big change. If you do the math, just in one square mile with one antenna per block and sixteen blocks per mile, that is about 250 antennas per square mile.

The millimeter wave is untested. Former FCC Chairman Tom Wheeler openly said that they don't plan to test it. They just want to roll it out and, "See what happens." So, there is no precautionary principle being used.

Our appeal also addresses the fact that there is a plan to roll out 5G through satellites in low earth orbit. So, there will be 20,000 satellites, which will cover every square foot of the planet with the 5G signal.

**Fitts:** So those of us who were hoping that we could run away into the desert to avoid this, now we can't. We can't avoid it no matter where we go.



**Blanshan:** A person will have to be very wise. We will really have to bury ourselves in the earth and do cave-like homes. That sounds like an extreme response, but it could come to that – at least for some people who are already living at refugee status because of their sensitivity.

There are shielding materials. An interesting thing about 5G is that, in the UK in the city of Sheffield, activists there have discovered they are removing trees in Sheffield because the moisture in the leaves of the trees disrupts the transmission of the 5G signal.

Foliage, especially wet foliage or rain, is terrible for the 5G signal. So, they are removing the trees. The activists there discovered their plan, and they are bringing in a company that is removing 17,500 trees in Sheffield.

**Fitts:** Oh my goodness, you are kidding?

**Blanshan:** That doesn't mean that will happen in every city in the United States. I've been in some cities in the United States where they have old growth trees and old growth oaks. It would be heartbreaking for a city to undergo something like that and it would be an insane policy. However, they are experimenting with this in some areas where they are rolling it out, and they are trying to figure out how to work out these issues.

They are removing trees in Sheffield. That is the plan, and it is written into their city policy.



**Fitts:** One thing that I wanted to mention to you came from a source I trust very much. They said that their initial tests – not in the United States – were so devastating, in terms of potential impact on health and psychology, that they have gone to the satellite plan to try to reduce the harm. So, the push for satellites is because their initial testing has been so frightening pertaining to the results. We will see if that is true or not. The idea being that if it is coming down from a satellite, it will be a bit more diffuse. Does that make any sense?

**Blanshan:** I'm not one of the electrical engineers on the subject. There are others who could speak far better about this than me.

I have heard some of this, and the idea is that the effective wattage of transmission from a small cell in your neighborhood is going to be, possibly, 100 times stronger than an existing cellphone tower signal because you are so close to it. The effective wattage from satellites is going to be about five million watts per array – it's a phased array distribution. So, it is a laser-like beam at a very high wattage.

As that makes it to the surface of the Earth-I don't know all of the technology-but I think there is some kind of a receiving module or similar that maybe transmits the signal. So possibly, rather than satellite directly to your device, there may be some kind of intermediate technology.

I've heard some people say that it is not as bad. Most people aren't considering the fact that even at very, very low levels of EMR exposure, we are seeing physiological effects. The existing standards for where effects are created are far too low by a factor of at least 100.





With the Federal Communications Act and the FCC initially regulating electromagnetic radiation exposure, it is quite laughable. I don't know if most of your listeners will know this, but what they did is used a 200-pound simulation of a man (a dummy) and it was filled with a gel. They held a cell phone next to the head, and after six minutes' time they measured how much heating of the gel there was in the head area of this 200-pound dummy. That was their test of safety. Because there was not significant heating, they said, "The only effects that occur with electromagnetic radiation exposure are from heating, so because there is no heating, there are no effects."

We know there are non-thermal effects far below the heating of tissue. So with a test like that, they didn't even consider the fact that a child, for example, is going to have a very different exposure standard than an adult. So, the fact that can be their proof of safety, shows that the entire thing was a sham from the beginning. They knew that there were effects, and there was just a whitewash and a policy jump.

**Fitts:** I think what you are saying underscores the fact that this is a giant experiment, and we are the guinea pigs. It's almost as though they are going to see who can survive this kind of bombardment, and those will be the ones who continue to live successfully in this environment.

They are putting in an environment where it is going to have dramatic impact on our health and our lives. To a certain extent, it is a giant experiment. Nobody quite knows how this is all going to work out. Is that fair to say?



**Blanshan:** Absolutely, that is very accurate. They are considering that the people who will be affected will just be collateral damage. If we look at policies that are similar, for example, the government policies where they are justifying a policy because they have to protect the small minority, we can look at (without getting heavy into this) the vaccination issue.

They are saying that everybody has to be vaccinated because of the very small percentage of people that the vaccines might not work on, we need to protect those people. So as a justification for protecting the very few, we are putting in place a policy that affects everybody. Everyone has to get vaccinated.

My point is not about vaccination specifically. It's just that in this case, we have a small number of individuals who are affected. Rather than putting in place a policy that makes sense and protects those individuals, they are doing the exact opposite. They are just ignoring those individuals and saying, "Tough luck. If you can't handle this, you might be damaged, but we are not even going to acknowledge that it is caused by our electromagnetic devices."

**Fitts:** I think that this is going to deteriorate the health and personal power of every human being.

**Blanshan:** Certainly, and that is why we are concerned. We have people who have been classified as 'electrically sensitive', but the truth is that those people are manifesting symptoms. We have very good doctors like Dr. Dietrich Klinghardt, who is a well-known MD. You can find him on YouTube.



**Fitts:** He is excellent.

**Blanshan:** He specializes in neurological illnesses, and difficult conditions and cases, and similar things. He tells the story in one of his talks where the husband brings in the wife, and the husband says, “She is having symptoms, but I don’t know what the issue is. I don’t believe that it is because of our devices because I live in the same environment, and I am fine.”

Dietrich says, “Let’s do the bloodwork for both of you.” When they looked at the bloodwork, the bloodwork was the same. Both of them showed extreme oxidative stress, certain enzymes that only show up with electromagnetic radiation exposure, and as Dietrich put it, “Both of them looked like dying patients.” It’s just that the husband wasn’t manifesting the symptoms.

This comes back to constitutional body types. Some people produce a little more. Men tend to produce a little more adrenaline, and adrenaline tends to mask symptoms.

So, the people who are showing electrical sensitivity are not weaker individuals; they just have a different body type and they are showing symptoms earlier than others. Everybody is affected on some level.

**Fitts:** I started my career as an investment banker. I spent a great deal of time as an investment banker, and I’ve looked a lot at the financial issues of what 5G is really about.



5G creates an infrastructure that will, through its successful use, generate massive amounts of tremendous wealth for the people who are good at artificial intelligence, or driverless cars, or a variety of the different applications that it makes possible – the videogames and virtual realities.

This is a bit like a gold rush. The gold rush depends on the 5G infrastructure being there. It's the platform on which the gold rush goes to mine for gold. The reality is that, if you look at the economics of that gold rush, its call comes down to harvesting people in ways which are highly invasive – both in terms of their privacy and their health.

The gold rush is quite phenomenal, and part of this is a competition between Asia and the G7 nations. The winner is the person who has the most data. Your artificial intelligence is smartest and most successful if you have more data than the next person.

The goal is not to have the smartest engineers; the goal is to have the most data. So, we are literally watching an enormous sucking sound of every bit of data into clouds, and there is tremendous governmental pressure to facilitate that. That is why when you sit down and say, "Wait a minute. This is not a good idea; let's stop it," you have to understand that the richest, most powerful investors in the world have literally lost their minds over the gold rush, and that is what you are up against.



**Blanshan:** That atmosphere was very evident in former FCC Chairman Tom Wheeler’s speech. You can find it on YouTube. You could see the dollar signs in their eyes. They are very excited about the limitless possibilities, and they know that they can’t even predict where it is going to go in terms of new opportunities.

It is all about an economy and finances. The very fact that we are put in a position where, if people have an awareness about this and they really don’t want to have 5G in their community, they have almost no legal recourse at this point.

The fact that we can’t protect the public health, even if we wanted to, is very strange and new territory that it has gone this far, and we have put money that far ahead of human wellness and well-being.

**Fitts:** I’ve seen other gold rushes like this, and they are frightening. You are watching an extraordinary number of the population – whether it’s establishment or general population – lose their minds. It’s like a herd that goes mad; it’s a stampede, and they have lost their minds; it is always challenging.

I had a big squabble in my local community over a cell tower. The problem was not the establishment trying to force it on us; the problem was my neighbors who wanted more toys. So, it’s not just the leadership who is drunk on the gold rush; it’s the ‘kid’ next door who wants to use virtual reality and doesn’t appreciate what it is really going to do to his mind.

Welcome to ‘fighting with bubbles’!



**Blanshan:** It is a strange and *Brave New World*. If we look at Aldous Huxley and what he talked about with a society that would enjoy their servitude, we are really getting to this place where people are so tethered to their devices and so addicted to their devices. This is part of the reason I am interested in this topic. I am involved in other topics as well, but this one is unique because the public is almost the adversary.

With GMOs, the public doesn't stand to benefit that greatly. At least they will listen, and maybe they will adjust their buying habits. With this one, people so much like their devices that when you start to tell them this, they don't want to hear it. In fact, they would really like the next round of technology, the new thing, the new virtual reality device – whatever we see. To call it addiction is not an improper use of the term. There is a very good book by a neuropsychologist named Nicholas Kardaras. In fact, I think that you once interviewed him. Nicholas Kardaras was the author of a book titled *Glow Kids*.

**Fitts:** Oh, yes, we did a book review on his book.

**Blanshan:** We had him in our town, and he gave a talk and explained what he was saying in his book. The book gives a really great view of the subject. We see many addictive qualities. Screen addiction is a huge thing with children. The screen time that people are spending ends up being 8, 10, or 12 hours for children. That's a very dangerous trend, and people are no longer reading.



**Fitts:** It's interesting because you are a naturopath, and you understand the power that a person can have if they have tremendous physical vitality, and yet, that is the hardest sell in the world-explaining to someone that if you change your entire lifestyle, you can have that. It's a hard sell.

**Blanshan:** Habits don't change quickly. We have a joke among health practitioners that if you have a patient who is a little difficult, you probably don't have the heart to tell them you shouldn't see them anymore, and you would like them to go to someone else. You just say to them, "Hey, next time you come, I think that we should discuss your diet."

Almost assuredly, they won't come again.

**Fitts:** I want to talk a little more about the appeal, but I have to tell you that one of the disadvantages of being me is that during the year, I have to consume a tremendous amount of what I call 'fear porn'.

**Blanshan:** I get it.

**Fitts:** I'm extremely immune to it. It's not 'fear porn', but the scariest thing I've heard all year is about the 17,500 trees in Sheffield. I'm a tree planter; I go around the world planting trees and I can't imagine it. That is just the most frightening thing I've ever heard.



**Blanshan:** That is a form of insanity. With the dollar signs in the eyes, I've heard stories of people in New Mexico who, every now and then, discover gold or other valuables. They find a stash of gold that was buried a few hundred years ago, or things like that. I know people who say, "You will be amazed at what it does to people."

People will do anything; they will kill for it. You can look at families that have been destroyed because of lawsuits over an inheritance. It really does bring out an insanity.

I think back to Native Americans using the reference to seven generations. I'm guessing that you have heard this before. You make decisions based on the effects that it will have seven generations from now, and that will make the earth a better place.

That we are destroying our planet, or our environment, or even each other all in one generation without any concern at all really shows that it is a collective insanity.

**Fitts:** Right, and 5G is going to take it up the s-curve. There is no doubt.

We need your 'appeal' to be successful. I think that one of the things I really liked about it was you made it clear that no matter how difficult the task was to stop 5G, we had to lay this down as a marker now.





As the tremendous harm that it does shows up over the next generation, the faster you communicate this and make this clear, the faster that we can get to real change. It's important that we do this no matter how difficult we think the task.

Tell us how the appeal came together and what we can do to help.

**Blanshan:** Arthur Firstenberg has authored a book titled *The Invisible Rainbow*, and he has been on this issue for over 20 years. He was in medical school, and had an exposure to x-ray radiation or something similar. As a result, that was his 'tipping point exposure'.

People might not understand this concept, but 'tipping point exposure' is that a person may be okay with cell phones and cell towers and things like that. Finally, there is one more exposure that just puts them over the edge. From that point on, that person tends to always exhibit sensitivity. They will then be sensitive to cell phones and other things, and it is a very difficult pattern to reverse once we hit that point.

This is what we saw with smart meters in California. A number of people who were athletes, teachers, or functioning individuals with families and jobs, once the smart meter was installed on their house, it just destroyed their health. They couldn't sleep, and they started to get headaches and body pain and everything else. Even a couple of years later, removing themselves from that environment, they still haven't fully reversed that process.



Back to the appeal, there have been many appeals over the years, and they have fallen on deaf ears consistently. With this appeal, because of the urgency of the issue, my view is that the public needs to know. When we see more sleep issues, and more neurological issues, and increases in cancers, and headaches, or tinnitus, or body pains, or aches, or things like this, we should at least have it in people's minds where it might be coming from.

We are at a point where, if you understand the social engineering and the propaganda that we have been exposed to over 100+ years, it is difficult for people to even make connections anymore. We are told, "Don't look here. Don't look there."

When we try to draw conclusions – for example, if it's about autism and vaccines – we are told, "You can't look there."

People who are trying to look for answers are reprimanded and told that they are unscientific for doing so. My point is not vaccines, but I'm just emphasizing that phenomena.

No one has told them, "This is being caused by your cell," and we need to let people know, "This is what happens."

John McCain had a glioblastoma; LeBron James had one; Joe Biden's son, Beau Biden, died from one. Beau Biden confided in family members that he felt it was a result of his cell phone. The Biden family wouldn't publicly admit this in a press release, but family members confided in us that was the case.



Our concern with the appeal is, yes, we absolutely want to send it to public bodies, but we want to have it in the public consciousness. We are hoping that it goes viral. At least we are putting this information in front of people so they know there are physical effects from using your cell phone, from having your wireless router on in the home, and all these different things.

Then when we start to see physical issues, which is going to be inevitable, at least maybe people will have an idea of what is going on. Right now, people still scratch their head. They are seeing more cancers, more neurological illnesses, but many people don't follow trends.

I imagine with your research, that is precisely what you do. You look for trends, and you look for the big picture.

The average individual is so much in their own world that they don't have the time to put the pieces together, and figure out what is causing these things, and see these larger trends.

For example, when I go to conferences and doctors are talking about adult dementia, they are predicting that by the year 2030, adult dementia could bankrupt the United States in healthcare costs. The same has been said for type 2 diabetes. We are seeing a lot of these illnesses on the rise, but the general public doesn't necessarily have their finger on the pulse of the public health or these types of trends, and they are not seeing it. No one is telling them in the press, so they go about their lives doing their best, taking care of their families, and working at their jobs, and not being aware of what the real situation is.



Regarding the appeal, we will submit it to world bodies. We have already 10,000+ signatures. I think that we already have over 500 scientists and many engineers. There are a lot of people who understand this issue. We are hoping that it goes viral and that people start to realize that this is a grand experiment, and a very dangerous one at that.

It's not just the effects on the human health. If we consider insects and how insects, because of their small body size, will absorb a lot more of this 5G millimeter wave frequency. Plant growth has been affected as well.

One thing that may seem minor is bacteria are affected. Some grow and are very difficult to stop with certain types of exposure, which would be very bad in the case of staff infections or untreatable bacterial infections on which antibiotics no longer work. But then some bacteria won't grow at all.

We have labs reporting that people can't grow lactobacillus in their gut anymore, and lactobacillus is part of the microbiome. If you understand the microbiome and the digestive system, this is a large part of the immune system.

For us to make dramatic changes after millions of years of human evolution – or at least hundreds of thousands – and then to just change the internal chemistry within the microbiome, that is a very significant development.



With our appeal, we hope, but at the same time are realists. We understand that we haven't received responses before, and we understand who the players are and that you have coopted agencies at the very highest levels, but we like to sound that alarm so that when we start to see things, we can say, "The public was telling you that this would happen, and you did it anyway. Look what you have."

Rather than this 'Oh, we made a mistake' excuse, which is so often given, like with the Iraq war, this is something where we are telling you beforehand, you are making a mistake, and it's not a mistake if you go that route; it's willful ignorance.

**Fitts:** We will have the URL to the appeal in the commentary when we publish this, but could you give it again?

**Blanshan:** It's [www.5GSpaceAppeal.org](http://www.5GSpaceAppeal.org). We have a little less than three weeks to collect all the signatures we would like, and then will be submitting it. We already have over 10,000 signatures. We are just hoping that it goes viral and that in some way this comes to the attention of the public. It is international.

**Fitts:** Everyone listening can come in and sign it. I've signed it, and I would recommend to everyone who listens or reads this to please come in and sign it. I think the more signatures, the better.

Anything that we can do to get this to go viral, we will do. So, sign it and pass it on. We are going to make this audio public, so pass on this discussion.

Is there anything else before we close?



**Blanshan:** I have a few other things. Regarding the scientists who have signed on; we have between 180 and 250 scientists who are rather well-known on this subject – and this is internationally. There is Lennart Hardell, who is the specialist on brain tumors and there is Anthony Miller in Canada. We have so many really good scientists and if I tried to name them all, I would surely leave some people out.

These same scientists alone have published 2,000+ peer-reviewed studies. Then if we look at the BioInitiative Report; if a person has any doubts about anything that I have said, the BioInitiative Report had 29 scientists coming together and reviewing 1,800 studies. Their report was 1,500 pages long and their conclusions were very clear and very alarming. You can find this report at [www.BioInitiative.org](http://www.BioInitiative.org).

We have easily over 10,000 studies at this point in time by very good scientists. So, when the government says that there aren't any studies or that there is no evidence of this, it is simply a lie. There is an abundance of information, and there has been an abundance of information since around 1972. One could go further back than that even, but one of the first big reports was done by the Office of Naval Research. They compiled 5,083 studies showing effects at non-thermal levels.

There is an abundance of science, there is a BioInitiative Report, and the WHO's organization. Several years ago, the IARC (International Agency for Research on Cancer) classified electromagnetic radiation as a Group 2B possible carcinogen.



Again, there is plenty of science out there. It's just that industry is controlling the conversation, and they are very much using the playbook that the tobacco industry used for years. They cast doubt on the issue, they say they need more studies, and that there isn't enough evidence at this time, and they will look into the issue. It buys them time for their 'gold rush', as you call it.

**Fitts:** The gold rush is not just the profit that industry or the private investments can make; the gold rush is the intelligence and the artificial intelligence that the intelligence agencies and the government can access and use.

So, you have a governmental gold rush, and for the entire not-for-profit world, you have a gold rush as well. The pro-centralization team in every sector has a tremendous advantage for them to continue to centralize and use this to do it. That is the challenge.

If it was only industry, we would have our hands full, but you could get something done. Unfortunately, industry is beholding to the government and intelligence agencies who have reason to want this even more. Of course, they have now fused into a combination on this that is quite a juggernaut. So, I commend you for trying.

One last thing: What feedback have the scientists gotten when they have tried to do something about this? Have they run into significant interference from the gold rush folks?



**Blanshan:** There is certainly harassment. I've spoken with one scientist; there was an international panel that was supposed to be a health body that had governmental power. There were many industry representatives present. When he explained this, they all put their heads down and didn't really want to hear his presentation. So rather than fight him, he just knew that this was not what they wanted to hear. When he finished, everybody left the room, and nobody asked any questions. It was one of those things where they put their heads down and ignored it, which is what they do when they are being confronted with this information.

Some of the scientists have been heavily criticized or defamed. Regarding the harassment, for example, there was Olle Johansson, a renowned Swedish scientist. In Sweden scientists are given government labs at a subsidized price and guaranteed lab space and things like this. He was informed that his lab space was needed to house ferrets, and that he would no longer be able to use it.

They were going to reduce his lab space from several hundred square feet down to something that was smaller than a cubicle, all because they needed ferret space.

Many things are really a slap in the face to the scientists who speak out. It's not always that overt. A lot of times they are just marginalized, or the thing that we see most often is just silence. Media silence is a very effective technique.





As some of the great propagandists have said – and this might have been Aldous Huxley who explained it – some of the greatest successes of propaganda are done simply through the act of omission. Rather than making an eloquent argument, just leave it out of a conversation entirely, and it never makes it into the public mind.

**Fitts:** I really appreciate your coming onto The Solari Report. We will get this up, and we will make sure that it is public. I have signed the petition, and I'm going to invite everybody else to do the same.

If there is anything else that we can do at The Solari Report to support you or help the effort, please let us know.

**Blanshan:** Would you like me to provide any brief tips for people so they can have something they can apply in their own lives?

**Fitts:** Absolutely! After this, we are dying for tips.

**Blanshan:** Cell phone usage: One should really reduce one's cell phone usage. Certainly, don't put it next to your head. If you have to, use an earpiece or put your phone on speakerphone.

Wireless routers in the home: At least shut it off when you sleep. The ideal situation is to create a wired home. Then out of your modem or wired router, if you need to, run a separate Ethernet line to a separate wireless module, and make sure that the module is off most of the time. Your wired connections are always connected, but then that wireless module, if you need to use it, have the wireless on in the home for an hour or two.



The idea of having the wireless router on in the home all the time is too much, especially in regards to sleep. Just the effects upon sleep can create a whole cascade of neurological and other illnesses.

Back to the cell phone: Using your cell phone as an alarm clock on your nightstand next to your head, is the worst thing that you can do. People should power down their cell phones at night. Certainly, do not have it in the bedroom.

Smart meters: If the person thinks they may have a smart meter on their home, they should call their electric company and find out. There are digital meters, and there are smart meters. The difference is that the digital meter has a digital display. It does create dirty electricity in the home – which has health effects – but the bigger issue is a smart meter which emits three bands of radiofrequency radiation. It is constantly communicating with everything in your house. That is the new envisioned ‘smart grid’.

So, remove the smart meter on your home. Call your electric company and see if you can get an opt-out.

Smart devices in the home: Often the modules in the devices can be deactivated. For example, a friend of mine had a refrigerator, and the refrigerator had a transmitting antenna in it because the idea of this new smart grid was that all the various devices in the home communicate with the smart meter. So even if you don’t have the smart meter on the house yet, your appliances may be transmitting.



Anywhere that you can reduce these exposures would very much help.

**Fitts:** I want you to know that I just bought a stove. It is the last stove in the country made that does not have one digital part; it is entirely mechanical. It looks like it's 100 years old, but it's wonderful.

**Blanshan:** Does your food still get hot?

**Fitts:** It still gets hot; it's perfect!

**Blanshan:** There you go and that is all you need.

**Fitts:** Exactly. You can still get appliances that don't have antennas and chips in them.

**Blanshan:** There is a short video I found on YouTube. It's only about three or four minutes, and they showed someone taking the panel off the back of the refrigerator and, there on the circuit board, was a place where it said 'Wi-Fi' and they could just unplug a small little module from the circuit board, and that took the power away from that antenna transmitting.

If one is willing to take a look at their circuit board, you might be able to figure it out on your own.

There are shielding materials that one can put on the home, but that gets a little more expensive.



Then there are people who do certified electrical testing, and they are generally referred to as Bau-biologists. They have very highly technical training, and have thousands of dollars of equipment. They can come in the home, and can measure the bedroom, for example.

I recently wasn't able to sleep in our master bedroom, and I couldn't figure out what was happening. I brought in a Bau-biologist, and it turned out that there was too much of an electrical field. It wasn't from radio frequency, but just from the electrical wiring in the walls.

We shut down the breakers to the bedroom, and immediately I noticed a difference. The sleep issue was so noticeable that I couldn't sleep in that room anymore, and I would wake up and feel like I had a bit of electricity or agitation in my nervous system. I wouldn't consider myself sensitive and I have a nervous system just like anybody else. As you said before, "We are all affected."

So, there are things that one can do. On this issue, I think bringing awareness to it and letting other people know that they really need to do some research on what their cell phone or their wireless router may be doing to them.

The effects of 5G are going to be manifold. One of the most concerning effects in my mind are cataracts. The idea that people are going to start to develop blindness as a result of this technology is terrifying. Because of this gold rush, we are willing to blind our own citizens.



**Fitts:** How will it create blindness?

**Blanshan:** In the study that I saw, it creates lens opacity or cloudiness in the lens, and this was in rats. The reason is because the 5G millimeter wave signal affects the surface tissues more initially. So, they are foreseeing far more sweat gland, skin, eye, and these types of effects on the body. That is the concern.

The body acts as an antenna. So, the idea that it only stays on the surface is not scientifically accurate. The body is entirely an antenna, so then it is transmitted more deeply into the body.

Our initial concern is surface pain – the skins burns, rashes, and eyes.

**Fitts:** Michael, this has been very informative. I wish you all the best with the appeal. If there is anything that we on The Solari Report can do to help you, please let us know.

**Blanshan:** Thank you, and thank you to your listeners and I appreciate it.



## **MODIFICATION**

Transcripts are not always verbatim. Modifications are sometimes made to improve clarity, usefulness and readability, while staying true to the original intent.

## **DISCLAIMER**

Nothing on The Solari Report should be taken as individual investment advice. Anyone seeking investment advice for his or her personal financial situation is advised to seek out a qualified advisor or advisors and provide as much information as possible to the advisor in order that such advisor can take into account all relevant circumstances, objectives, and risks before rendering an opinion as to the appropriate investment strategy.