
DAILY PRAYERS

*for a divinely
inspired life*



by Catherine Austin Fitts

Daily Prayers

For a divinely inspired life



Catherine Austin Fitts

Solari, Inc.
Hickory Valley, Tennessee

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*To our Solari clients
and subscribers,
who bless us all
by praying for their children,
their families,
and the people
around them*

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*Therefore all things whatsoever
ye would that men should do to
you, do ye even so to them.*

—JESUS CHRIST,
SERMON ON THE MOUNT,
MATTHEW 7:12





o our delight, last year's Christmas "Prayers for the Year" was a source of inspiration to subscribers, colleagues and friends throughout 2016. So we are persuaded to celebrate Christmas 2016, by continuing with traditional devotionals for the year 2017.

This past year has been remarkable – one that portends greater changes ahead. These 2016 events bring us back to what is productive – a strong mind, a healthy body, nutritious food, good habits, a rich culture, focused investment of our time and resources and the love of family, friends and community.

This insight inspired numerous efforts on the Solari Report, including the launch of our Food Series and the choice of the global agricultural harvest for the theme in our Annual Wrap Up. In addition, it inspired our pick for our annual Christmas contribution, our crowdfunding of a virtual pipe organ for Dr. Joseph Farrell.

Faith is the source of all that we do – it is that essential bountiful ingredient we use to shape our future. Faith has no better navigator than prayer.

This Christmas “Prayers for the Year” comes to you in the form of 36 scriptures and devotionals – one for each day of the month as well as Christmas, New Year’s Eve, New Year’s Day and your birthday.

My prayers for this holiday season are for the divine humanity to flourish within each of us throughout 2017. I pray for your health, your prosperity, and for peace on Earth.

On behalf of the entire team at Solari, Merry Christmas, and Happy New Year!

~CATHERINE AUSTIN FITTS





CHRISTMAS 2015

IN HOC ANNO DOMINI By Vermont Royster

Vermont Royster's Christmas message has been republished by The Wall Street Journal every Christmas since its first publication in 1949. As I cannot think of a more beautiful way to celebrate the birth and life of Christ, it is reprinted at Solari.com each Christmas in its entirety.



When Saul of Tarsus set out on his journey to Damascus the whole of the known world lay in bondage. There was one state, and it was Rome. There was one master for it all, and he was Tiberius Caesar. Everywhere there was civil order, for the arm of the Roman law was long. Everywhere there was stability, in government and in society, for the centurions saw that it was so.

But everywhere there was something else, too. There was oppression – for those who were not the friends of Tiberius Caesar. There was the tax gatherer to take the grain from the fields and the flax from the spindle to feed the legions or to fill the hungry treasury from which divine Caesar gave largess to the people. There was the impressor to find recruits for the circuses. There were executioners to quiet those whom the Emperor proscribed. What was a man for but to serve Caesar?

There was the persecution of men who dared think differently, who heard strange voices or read strange manuscripts. There was enslavement of men whose tribes came not from Rome, disdain for those who did not have the familiar visage. And most of all, there was everywhere a contempt for human life. What, to the strong, was one man more or less in a crowded world?

Then, of a sudden, there was a light in the world, and a man from Galilee saying, Render unto Caesar the things which are Caesar's and unto

God the things that are God's.

And the voice from Galilee, which would defy Caesar, offered a new Kingdom in which each man could walk upright and bow to none but his God. Inasmuch as ye have done it unto one of the least of these my brethren, ye have done it unto me. And he sent this gospel of the Kingdom of Man into the uttermost ends of the earth.

So the light came into the world and the men who lived in darkness were afraid, and they tried to lower a curtain so that man would still believe salvation lay with the leaders.

But it came to pass for a while in divers places that the truth did set man free, although the men of darkness were offended and they tried to put out the light. The voice said, Haste ye. Walk while you have the light, lest darkness come upon you, for he that walketh in darkness knoweth not whither he goeth.

Along the road to Damascus the light shone brightly. But afterward Paul of Tarsus, too, was

sore afraid. He feared that other Caesars, other prophets, might one day persuade men that man was nothing save a servant unto them, that men might yield up their birthright from God for pottage and walk no more in freedom.

Then might it come to pass that darkness would settle again over the lands and there would be a burning of books and men would think only of what they should eat and what they should wear, and would give heed only to new Caesars and to false prophets. Then might it come to pass that men would not look upward to see even a winter's star in the East, and once more, there would be no light at all in the darkness.

And so Paul, the apostle of the Son of Man, spoke to his brethren, the Galatians, the words he would have us remember afterward in each of the years of his Lord:

Stand fast therefore in the liberty wherewith Christ has made us free and be not entangled again with the yoke of bondage.

NEW YEARS EVE 2016

Behold, the former things are come to pass,
and new things do I declare: before they
spring forth I tell you of them.

~ISAIAH 42:9

It's time to give thanks – for the many fine people
in my life and all I have accomplished in 2016.

It is also time to clean house – forgive and forget.
Let go of the hardest memories.

A new year full of possibility and opportunity is
here.

Do I have a picture of what this year will be for
me? Now is the time to paint one in my
imagination.



NEW YEARS 2017

Sing unto the Lord a new song, and his praise from the end of the earth, ye that go down to the sea, and all that is therein; the isles, and the inhabitants thereof. ~ISAIAH 42:10

Lord, help me to travel light in 2017 – to shed possessions I no longer use and activities that do not serve my divine purpose.

Check out the Solari Report called “Scenario Thinking.” No need to listen to predictions about the future – no one knows what is going to happen. Best to prepare for all possible scenarios to increase my power to create my future.

Today, I will keep a song of praise in my heart. Here is to 2017! It’s a new year and a brand new day.



DEVOTIONALS FOR EACH DAY OF THE MONTH

This is the day which the Lord hath made;
let us rejoice and be glad in it”

~PSALM 118:24

Start each day with giving thanks.

It works wonders.



DAY 1

Peace be both to thee, and peace be to thine house, and peace be unto all that thou hast.

~1 SAMUEL 25:6

One of my favorite sermons is called “The Spirit of Offense” by Joyce Meyers. Meyers describes how the spirit of offense grew in the last days with more and more people giving and taking offense. When I first heard it, I decided to listen to it repeatedly until I could stop giving or taking offense.

I listened to that sermon over 20 times until the cassette player in my car chewed up the tape.

Otherwise, I would still be listening to it. Everywhere I turn, the spirit of offense is rising.

Peace begins with me – in my heart and my mind. There is no more beautiful presence than the peace of the Lord. Help me to nurture that peace throughout this day. Let it surround me, and those I love.

“Let there be peace in the world, and let it begin with me.”

DAY 2

For my thoughts are not your thoughts,
neither are your ways my ways.

~ISAIAH 55:8

When I think in the third dimension, my thoughts are never as creative and powerful as the divine mind. This is why solutions can be accessed through prayer that my logical mind could never find.

I am going to turbo charge my day! I pray to enter into the “heart of God.”



DAY 3

Finally, brothers, whatever is true, whatever is noble, whatever is right, whatever is pure, whatever is lovely, whatever is admirable – if anything is excellent or praiseworthy – think about such things. ~1 PHILIPPIANS 4:8

I call it “coming clean.” Fill your life with excellence. Great music. Great books. Great friends. Great farmers. Great bankers. Great neighbors.

Detox slugs out of your life. Get them out of your wallet. Get them out of your mind! Turn off that TV!

Let's choose excellence every minute. That choice has tremendous power.

I exercise real power this day



DAY 4

Fret not thyself because of evildoers, neither be thou envious against the workers of iniquity.

For they shall soon be cut down like the grass, and wither as the green herb.

Trust in the LORD, and do good; so shalt thou dwell in the land, and verily thou shalt be fed.

Delight thyself also in the LORD; and he shall give thee the desires of thine heart.

Commit thy way unto the LORD; trust also in him; and he shall bring it to pass.

And he shall bring forth thy righteousness as the light, and thy judgment as the noonday.

Rest in the LORD, and wait patiently for him: fret not thyself because of him who prospereth in his way, because of the man who bringeth wicked devices to pass.

Cease from anger, and forsake wrath: fret not thyself in any wise to do evil.

For evildoers shall be cut off: but those that wait upon the LORD, they shall inherit the earth. ~PSALM 37: 1-9

Our world is populated with people who do evil or are led or brainwashed by people who do evil.

Let them be. Focusing on them will create an unnecessary connection with them. I do not want to attract them.

Today, I will stay focused on being the best that I can be – on creating my future and serving my purpose.

I turn the evildoers over to the Lord. He knows what to do.



DAY 5

So shall thy barns be filled with plenty, and
thy presses shall burst out with new wine

~PROVERBS 3:10

Every year the Earth births forth a new harvest. It is quite miraculous to experience. The abundance of it is all around us.

I pray for the protection of the seed and food supply. I pray that all the people will continue to enjoy food that is as fresh and nutritious as possible.

I give myself the gift of life and give thanks for fresh food and water.



DAY 6

The mandrakes give a smell, and at our gates are all manner of pleasant fruits, new and old, which I have laid up for thee, O my beloved.

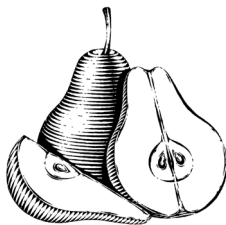
~SONG OF SOLOMON 7:13

Make sure those you love have fresh, nutritious food. Right now, grocery stores sales from carbonated drinks are more than five times sales of fresh fruits and vegetables. This is a symptom of a society that is bound to fail.

We have launched the Food Series at the Solari Report to help you learn more about fresh food. There are also lists of great documentaries about food at your Solari Report Resource Center.

God wants us and those we love to be strong and healthy.

I will eat fresh today!



DAY 7

I will stand upon my watch, and set me upon the tower, and will watch to see what he will say unto me, and what I shall answer when I am reproved. And the LORD answered me, and said, Write the vision, and make it plain upon tables, that he may run that readeth it. For the vision is yet for an appointed time, but at the end it shall speak, and not lie: though it tarry, wait for it; because it will surely come, it will not tarry. ~HABAKKUK 2:1-3

I was in Dublin last month and visited the Book of Kells in Trinity College Library. The Book is an illuminated manuscript in Latin consisting of the four Gospels of the New Testament.

Looking at the manuscript, I could imagine many monks undertaking painstaking labor for many years to create the document and its illustrations and ornamentation. Their efforts created a treasury of knowledge and a thing of beauty that has

endured through the centuries.

Thinking of those monks, I was reminded of this passage from Habakkuk. When we take the time to create and share a divine vision, when things are clear, then we can indeed run.

I will pray today to for the patience and commitment of those monks to create a treasury of knowledge worthy to endure.



DAY 8

Therefore whosoever heareth these sayings of mine, and doeth them, I will liken him unto a wise man, which built his house upon a rock:

And the rain descended, and the floods came, and the winds blew, and beat upon that house; and it fell not: for it was founded upon a rock.

And every one that heareth these sayings of mine, and doeth them not, shall be likened unto a foolish man, which built his house upon the sand:

And the rain descended, and the floods came, and the winds blew, and beat upon that house; and it fell: and great was the fall of it.

~MATTHEW 7:24-27

A lot of things don't last.

Careers come and go. People come and go. Many of our existing institutions are built on unsustainable economics. They may go as well.

I need to build my life on things that last. I need to nurture the things that last.

I pray today to nurture my faith, my hope and my love – and to let them be the rock upon which I build my house.



DAY 9

They which builded on the wall, and they that bare burdens, with those that laded, every one with one of his hands wrought in the work, and with the other hand held a weapon. For the builders, every one had his sword girded by his side, and so builded. And he that sounded the trumpet was by me. ~NEHEMIAH 4:17-18 61:4

I love the story of Nehemiah in the Old Testament. It is written in a time when the basic security of a settlement or town was provided by a wall. When the wall was breached, the people found themselves having to defend the area at the same time they had to rebuild the wall. And so they had to carry a tool in one hand, and a weapon in the other.

Some days we find ourselves under attack. When that happens, we need to deal with the problem, whatever it is. But we need to keep building too.

So today, I carry a weapon in one hand and a building tool in the other, confident that I am going to be effective come what may!



DAY 10

The flowers appear on the earth; the time of the singing of birds is come, and the voice of the turtle is heard in our land ~SONG OF SOLOMON 2:12

I believe in “turtling” – a form of continuous action. When the going gets tough, and I am tempted to give up, I pull out this scripture from the Song of Solomon to help me “hear” the voice of the turtle.

No matter how bad things are, I can always clean my closets. I can always help a friend. There is always something to do.

So I say my prayers and turtle forth this morning. There is a world of opportunity inviting me to action.



DAY 11

And the LORD said unto Gideon, The people are yet too many; bring them down unto the water, and I will try them for thee there: and it shall be, that of whom I say unto thee, This shall go with thee, the same shall go with thee; and of whomsoever I say unto thee, This shall not go with thee, the same shall not go.

~JUDGES 7:4

The story of Gideon is my favorite Bible story. I wrote last year about the first part of building Gideon's Army, when the angel of the Lord insisted that Gideon only keep people who were faithful and unafraid.

This year, I have included the text from the second part of building Gideon's Army, when Gideon is asked to test and send home the people who are not effective.

The moral of the story of Gideon is that the Holy Spirit can produce miracles when working through

people who are BOTH faithful and competent.

Lord, help me today to be both faithful and competent and to help others to be the same. Help me to be the kind of person who can serve your divine will, through whom the Holy Spirit speaks and moves.



DAY 12

And I will make of thee a great nation, and I will bless thee, and make thy name great; and thou shalt be a blessing ~GENESIS 12:2

I will bless thee, and in multiplying I will multiply thy seed as the stars of the heaven, and as the sand which is upon the sea shore
~ GENESIS 22:17

One of my favorite quotes from Dallas preacher T.D. Jakes is “God does not need what you have lost to bless you.” Jakes preaches about letting go of things that God is trying to take out of your life.

Think about the power of the divine to grow what you have abundantly. What you have is all you need. This is why Jakes also says, “Don’t let what you have lost destroy what you have left.”

Thank you, Lord, for my many blessings. You have provided abundantly. I know that if there is anything that I need, I have only to come to you in prayer today and simply ask.

DAY 13

There are six things that the Lord hates, seven that are an abomination to him: haughty eyes, a lying tongue, and hands that shed innocent blood, a heart that devises wicked plans, feet that make haste to run to evil, a false witness who breathes out lies, and one who sows discord among brothers. ~PROVERBS 6:16-19

It is grown way too fashionable to sow discord. I will start my day by praying about how I can sow accord instead.

People who are in alignment create productivity.
Productivity creates prosperity.

My prayers are for greater prosperity in 2017!



DAY 14

**Blessed is the man who perseveres under trial,
because when he has stood the test, he will
receive the crown of life ~JAMES 1:12**

I want to share an excerpt from a sermon by T.D. Jakes, “Faith, Hope and Charity”

Paul says about hope, “If we have no hope, we are of all men most miserable.” The writer of Hebrews declares that God has entered into a covenant with us that we might have hope, which is an anchor for the soul. He later says to the Romans, “We are saved by hope. For a man seeth, why doth he that hope for it, then why did he have hope for it?”

Hope is something you cannot see. It’s intangible, but it embraces your future. It is a conviction that you still have the potential and the possibilities to survive. If you lose that, you are of all men most miserable.

Giving you money is not giving you hope. Giving you attention is not giving you hope. Giving you what you’re whining for is not giving you hope.

Hope is an anchor for your soul. Nobody anchors a ship unless they realize that there is a potential of drifting. And if you're not careful, you can drift away.

I'm not talking about hurricanes or tornadoes; I'm talking about just the normal motion of the ocean – just the comings and goings of life, the vicissitudes of our lives, the circumstances for which we have no control will eventually just rock you further and further and further out. You can drift away so quietly that you don't even recognize how far you've gone from where you ought to be.

Hope is an anchor for the soul. That means that you put your soul on a leash, and so you will only move so far. I will only get but so depressed. I may get depressed, but only so far. At a certain point you may have to say, "You know what? I've got an anchor."

If there is someone or something in my life that is causing me to lose hope, they need to go!

Hope is a precious thing. Today, I will nurture my hope and those around me who feed it.

DAY 15

For I am convinced that neither death nor life, neither angels nor demons, neither the present nor the future, nor any powers, neither height nor depth, nor anything else in all creation, will be able to separate us from the love of God that is in Christ Jesus our Lord.

~ROMANS 8:38-9

The greatest power in the world is always available to me. Nothing can separate me from it.

Today in prayer I am going to recharge and access more power.



DAY 16

When you sit down to dine with a ruler, consider carefully what is before you, and put a knife to your throat if you are a man of great appetite. ~PROVERBS 23: 1-2

I sometimes use the expression “the tapeworm” to describe the network of corrupt institutions and networks that are draining and debasing our society.

My colleague and ally Franklin Sanders describes the craving that some people have for prestige and financial rewards. He says, “They pine for the treats of the tapeworm.”

I wish to live a free and inspired life. I pray for freedom from the desire for the things of this world. I pray for the power to make my own way. I pray for the power to create prosperity for all those around me.



DAY 17

And if it seem evil unto you to serve the Lord, choose you this day whom ye will serve; whether the gods which your fathers served that were on the other side of the flood, or the gods of the Amorites, in whose land ye dwell: but as for me and my house, we will serve the Lord. ~JOSHUA 24:15

Many of us spent years trying to go along to get along. As corruption has grown in our society, many of us have had to choose – going along or living a free and inspired life. Increasingly, those who try to go along end up as “road kill.”

The time I decided to stand in the faith that I could live a faithful life, is when I started to attract the people and opportunities that made it possible.

The middle of the road is going to keep shrinking in 2017. I give thanks I am out of it.

~*Special thanks to Debbie for sending this scripture.*~

DAY 18

“Make a joyful noise unto the LORD, all ye lands. Serve the LORD with gladness: come before his presence with singing.”

~ PSALMS 100:1-2

In one of my favorite gospels songs, “The Spirit of David” Fred Hammond sings about David:

When the Spirit of the Lord comes upon my heart
I will dance like David danced

When the Spirit of the Lord comes upon my heart
I will dance like David danced

I will dance, dance, dance like David danced

I will dance, dance, dance like David danced

When the Spirit of the Lord comes upon my heart
I will pray like David prayed

When the Spirit of the Lord comes upon my heart
I will pray like David prayed

I will pray, pray, pray like David prayed

I will pray, pray, pray like David prayed

When the Spirit of the Lord comes upon my heart
I will sing like David sang

When the Spirit of the Lord comes upon my heart
I will sing like David sang

I will sing, I will sing, sing like David sang

I will sing, I will sing, sing like David sang

I will pray, I will pray, pray like David prayed

I will pray, I will pray, pray like David prayed

I will dance, I will dance, dance like David danced

I will dance, I will dance, dance like David danced

I will dance, I will dance, dance, dance

I intend for 2017 to be filled with beautiful music,
so beautiful that I will be inspired to sing and to
dance.

We are descended from the House of David. The
songs and the dance are in our spirits. For us,
there is no such thing as too much joy.

Today, I am going to sing and dance more life
into my situation.

DAY 19

Until the spirit be poured upon us from on high, and the wilderness be a fruitful field, and the fruitful field be counted for a forest. Then judgment shall dwell in the wilderness, and righteousness remain in the fruitful field. And the work of righteousness shall be peace; and the effect of righteousness quietness and assurance forever. ~ISAIAH 32: 15-17

Righteousness is a power that can always grow and will always be with me. What can I do to grow in righteousness today, right now?



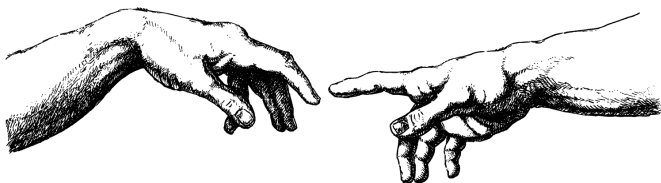
DAY 20

And be not conformed to this world: but be ye transformed by the renewing of your mind, that ye may prove what is that good, and acceptable, and perfect, will of God. ~ROMANS 12:2

A gospel song I love says, “Look at your life through heavens eyes.” When I do, things look different.

When I am having trouble with a business decision, I remember the advisor who wisely told me, “You need to make God your business partner.”

I am going to visit my business partner in prayer today.



There hath no temptation taken you but such as is common to man: but God is faithful, who will not suffer you to be tempted above that ye are able. ~1 CORINTHIANS 10:139

It is true. I can.



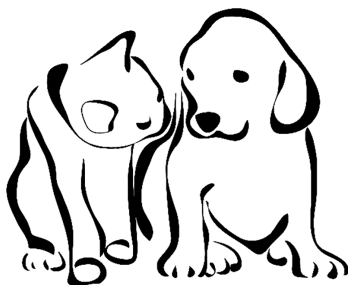
DAY 22

Then God said, “Let us make man in our image, in our likeness, and let them rule over the fish of the sea and the birds of the air, over the livestock, over all the earth, and over all the creatures that move along the ground.”

~ GENESIS 1:26

We are stewards of the Earth and its animals. It is my responsibility to contribute to the well being of the animals around me and to give thanks for the food and companionship that they provide.

Today I am going to speak with and thank all the animals that cross my path.



DAY 23

And God said, Behold, I have given you every herb bearing seed, which is upon the face of all the earth, and every tree, in the which is the fruit of a tree yielding seed; to you it shall be for meat. ~GENESIS 1:29

I keep banging the drum about fresh food. However, the fresher you eat, the easier it is to have the “heart of God.”

Hippocrates was right: “Let food be thy medicine and medicine be thy food.”

We are what we eat. Eat fresh today.



DAY 24

Dear Lord:

Please be with this day. Protect me and guide me. Allow me to understand the challenges in my life and to face them with confidence and complete faith.

My life is in your hands. What I am and become is your design. Help me to come to a complete realization that I need never fear my current situation, nor my future, if I have complete faith in you.

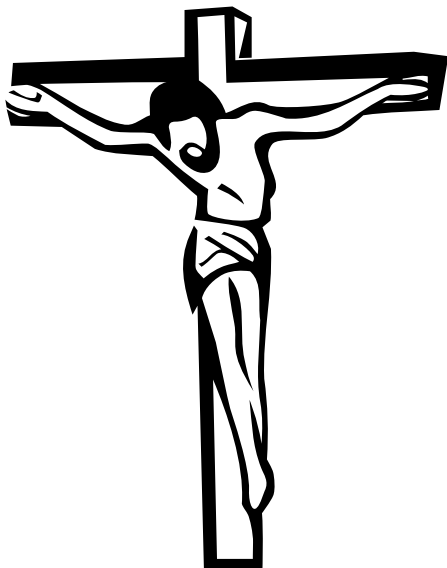
Please help me to eliminate resentment, anger and jealousy from my heart. Inspire me to forgive those who have hurt and disappointed me and to pray for them, but always give me the courage to never accept their sin.

Let me think of you in all I do and to continue to grow in love, purity and faith

All I have is the freedom to deny evil and to

not sin. All else is in YOUR hands. BE NOT
AFRAID

~Special thanks to BM for sending his prayer. ~



DAY 25

A glorious high throne from the beginning is the place of our sanctuary. ~JEREMIAH 17:12

I need sanctuary. I need a place where I can go where I can escape the evil of this world. Proverbs 18 says “The name of the LORD is a strong tower: the righteous runneth into it, and is safe.”

Proverbs was written when people would protect themselves by gathering behind the walls of a town. If the wall was breached or fell, the people would protect themselves from the encroaching armies or forces by withdrawing into the tower inside the town.

So our mind needs a “strong tower” where we can refresh and return to a higher mind, particularly when our “spiritual walls” have been breached.

I will go in prayer to sit on a glorious high throne today.

DAY 26

No weapon that is formed against thee shall prosper; and every tongue that shall rise against thee in judgment thou shalt condemn.
~Isaiah 54:17

Praying for people who intend to do you harm really does work. Turning them over to the Lord and moving forward with the confidence that their actions will not prosper creates miraculous results.

We live in a time that calls for thick skins. Better even then a thick skin is keeping your eye on the ball and not getting distracted by or entangled with the negative.

It's part of traveling light.



DAY 27

And the light shineth in darkness; and the darkness comprehended it not ~JOHN 1:05

I am not often frightened. However, there were times in 2016 when I felt real fright. One was watching a CNN anchor on prime time attack a website as “fake news” because the website has engaged in serious investigations of 9/11. The CNN anchor clearly had no understanding of the unanswered questions regarding 9/11. He did know not to use that as an example. He was completely captured in a bubble in which he was completely divorced from reality. He was the patsy and had no idea.

The hardest thing many of us have had to do is to look in the mirror and admit, “I am the patsy.”

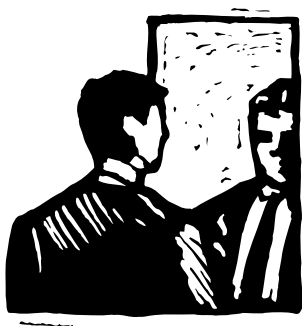
Many people literally cannot do it. The truth would be so humiliating that they are not able to comprehend it.

They live in darkness and they cannot comprehend the light.

High tech mind control is a modern version of an ancient spiritual warfare.

Today I am going to “put on the whole armour of God” and not let this bizarre aspect of this world prevent me from moving forward with joy in my heart.

My pastor in Washington used to say, “Satan can have my house, he can have my car, but he cannot have my joy!”



DAY 28

Blessed is the man that walketh not in the counsel of the ungodly, nor standeth in the way of sinners, nor sitteth in the seat of the scornful. But his delight is in the law of the LORD; and in his law doth he meditate day and night. And he shall be like a tree planted by the rivers of water, that bringeth forth his fruit in his season; his leaf also shall not wither; and whatsoever he doeth shall prosper
~PSALM 1:1-3

If each day we focus on giving life to that which creates prosperity, it is amazing what can happen over a day, a week, a year or a lifetime.

In 2017, I am going to get totally ruthless about being fruitful.

DAY 29

We came unto the land whither thou sentest us, and surely it floweth with milk and honey; and this is the fruit of it. ~NUMBERS 13:27

We live in a land of plenty with access to remarkable knowledge and resources.

I remember going to visit the original cabin that my ancestors lived in when they moved to Tennessee, four generations ago. Ten people lived together in a one-room cabin with a dirt floor. They had no insulation, no electricity, no running water and no bathroom. Their health care was a book of plantation remedies.

We took the wooden fireplace mantel from that cabin and gave it to a relative who is an architect. He has installed the mantel over his fireplace in a beautiful home with large glass windows sitting on a mountain overlooking Nashville.

The house has many rooms, with insulation, with

electricity, with heat and air conditioning, with indoor plumbing, running water and is filled with time-saving appliances. His family lives in a community with an abundance of doctors, nurses and hospitals.

This is the same as your house or my house.

Think about it. I have much for which to be thankful.



DAY 30

My voice shalt thou hear in the morning, O LORD; in the morning will I direct my prayer unto thee, and will look up. ~PSALM 5:03

When I used to visit my dear friend Georgie, she would get up before me. For the first hour, I could hear her saying as she walked around her apartment going about her morning rituals, “Thank you, Lord. Thank you for a good night’s rest. Thank you for a nice warm shower. Thank you for a great breakfast.”

By the time I got up, Georgie and I were both in a good mood that usually lasted all day.

Georgie died in the early hours of December 26, 2010. She had promised we would spend my birthday (the day before Christmas) and Christmas together. As soon as Christmas ended, I reminded her that she had kept her promise. Then she

slipped away as I sat by her side reading her favorite Psalms to her.

Now every morning, I get out of bed saying,
“Thank you, Lord...”

*Thank You,
Lord.*

DAY 31

But they that wait upon the Lord shall
renew their strength; they shall mount up
with wings as eagles; they shall run, and not
be weary; and they shall walk, and not faint.

~ISAIAH 40:31

I remember reading once that most of what we
worry about never comes to pass. It helps to
remember that the “cavalry” is coming and I can
count on it.

It’s amazing what shows up when I have faith.

~*Special thanks to Debbie for sending this scripture.*~



FOR YOUR BIRTHDAY

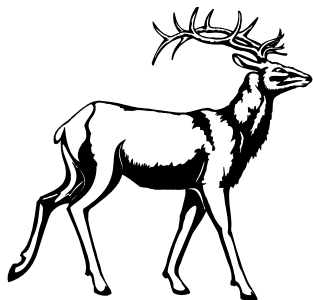
The Lord bless you and keep you; the Lord make his face shine upon you and be gracious to you; the Lord turn his face towards you and give you peace.” ~NUMBERS 6:24-27

Take time to celebrate this day. The gift of life is the greatest gift. Let's give thanks for you!

~Special thanks to KF for sending this scripture.~



FOR A DAY FACING TROUBLE



The Deer's Cry

This prayer is believed to have been composed by Saint Patrick in the year 433. He was aware that there was an ambush to try to kill him and his group en route to the King's court. It was during the march that they chanted the sacred "Lorica" or "Deer's Cry" – later known as "St. Patrick's Breastplate." As the druids lay in hiding, ready to kill, they saw not Patrick and his men, but a gentle doe followed by twenty fawns. St. Patrick and his men were saved.



I arise today through a mighty strength, the invocation of the Trinity, through belief in the Threeness, through confession of the Oneness of the Creator of creation.

I arise today through the strength of Christ with his Baptism, through the strength of His Crucifixion with His Burial through the strength of His Resurrection with His Ascension, through the strength of His descent for the Judgment of Doom.

I arise today through the strength of the love of Cherubim in obedience of Angels, in the service of the Archangels, in hope of resurrection to meet with reward, in prayers of Patriarchs, in predictions of Prophets, in preachings of Apostles, in faiths of Confessors, in innocence of Holy Virgins, in deeds of righteous men.

I arise today, through the strength of

Heaven; light of Sun, brilliance of Moon,
splendor of Fire, speed of Lightning,
swiftness of Wind, depth of Sea, stability
of Earth, firmness of Rock.

I arise today, through God's strength to
pilot me: God's might to uphold me, God's
wisdom to guide me, God's eye to look
before me, God's ear to hear me, God's word
to speak for me, God's hand to guard me,
God's way to lie before me, God's shield to
protect me, God's host to secure me: against
snares of devils, against temptations of
vices, against inclinations of nature, against
everyone who shall wish me ill, afar and
anear, alone and in a crowd.

I summon today all these powers between
me (and these evils): against every cruel and
merciless power that may oppose my body and
my soul, against incantations of false proph-
ets, against black laws of heathenry, against

false laws of heretics, against craft of idolatry, against spells of witches, smiths and wizards, against every knowledge that endangers man's body and soul. Christ to protect me today against poisoning, against burning, against drowning, against wounding, so that there may come abundance in reward.

Christ with me, Christ before me, Christ behind me, Christ in me, Christ beneath me, Christ above me, Christ on my right, Christ on my left, Christ in breadth, Christ in length, Christ in height, Christ in the heart of every man who thinks of me, Christ in the mouth of every man who speaks of me, Christ in every eye that sees me, Christ in every ear that hears me.

I arise today through a mighty strength, the invocation of the Trinity, through belief in the Threeness, through confession of the Oneness of the Creator of creation. Salvation

is of the Lord. Salvation is of the Lord.
Salvation is of Christ. May Thy Salvation,
O Lord, be ever with us. Amen.

Beatus omnipotensque armatus Christi
(Blessed and omnipotent is the
warrior of Christ)





THE GOLDEN RULE

is a basic teaching of religions worldwide



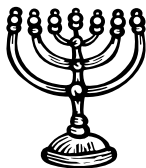
ISLAM

No one of you is a believer until he desires for his brother what he desires for himself.



BUDDHISM

Treat not others in ways that you yourself would find hurtful.



JUDAISM

What is hateful to you, do not do to your fellow man. That is the entire Law; all the rest is commentary.



TAOISM

Regard your neighbor's gain as your own gain, and your neighbor's loss as your own loss.



CHRISTIANITY

Do unto others as you would have them do unto you.



HINDUISM

This is the sum of duty: do not do to others what would cause pain if done to you.



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